



# Amare Sunrise®

Wellness Begins  
at Sunrise



## What It Is

A blend of 22 plant-based superfoods designed to help you start your day with essential vitamins, minerals, phytonutrients, and amino acids to support cellular health.\*

## Why You Need It

Every morning, your body hits reset. But hectic days and processed meals mean most of us miss the mark on the nutrients we need to keep up.

## How It Works

22 plant-based superfoods rich in polyphenols and antioxidants promote cellular health and help support against oxidative stress—along with essential vitamins and minerals that nourish the body from the inside out.\*

- Blueberry provides a source of anthocyanins and antioxidants to support cardiovascular health\*
- Pomegranate is rich in polyphenols and flavonoids\*
- Aronia is a source of polyphenols.\*
- Goji Berry is a source of antioxidants and carotenoids.\*
- Riboflavin is a B2 vitamin that helps convert carbs into glucose & energy.\*
- Thiamine is a water soluble B1 vitamin that helps turn food into energy.
- Taurine is an amino acid that helps promote cardiovascular health and supports against oxidative stress.\*



\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**Amare Sunrise**  
amare.com



# The Science

Nearly 90% of people fall short on daily nutrition. We approached this insight with a formula built on a spectrum of essential micronutrients and bioactive phytonutrients to help close the gaps and supplement the body from the inside out in an effortless and delicious way.

# How To Use It

- Take each morning with breakfast
- For a healthy twist on your routine try mixing into a morning smoothie
- For extra benefits pair with Amare Nitro FX or Nitro Xtreme and Amare Sunset®



## Supplement Facts

Serving Size: 1 fl. oz Pouch (30 mL)  
Servings Per Container: 30

| Amount Per Serving                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |          | % DV  |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------|-------|
| Calories                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | 35       |       |
| Total Carbohydrate                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | 7 g      | 3%*   |
| Total Sugars                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | 4 g      | †     |
| Includes 2 g Added Sugars                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |          | 0%*   |
| Sodium (Sea Salt)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | 25 mg    | 1%    |
| Vitamin C (as ascorbic acid)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | 60 mg    | 67%   |
| Thiamine (as thiamine HCl)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | 3 mg     | 250%  |
| Riboflavin                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | 3.4 mg   | 262%  |
| Niacin (as niacinamide)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | 40 mg    | 250%  |
| Vitamin B6 (as pyridoxine HCl)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | 4 mg     | 235%  |
| Vitamin B12 (as methylcobalamin)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | 80 mcg   | 3333% |
| Biotin                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | 600 mcg  | 2000% |
| Pantothenic Acid (as calcium d-pantothenate)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | 15 mg    | 300%  |
| Selenium (as selenomethionine)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | 30 mcg   | 55%   |
| Antioxidant Blend                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | 2,000 mg | †     |
| Blueberry Fruit Juice Concentrate, Aronia Fruit Juice Concentrate, Pomegranate Fruit Juice Concentrate, Red Raspberry Fruit Juice Concentrate, Lycium (Goji) Berry Extract, Grape Skin Extract, Mangosteen Fruit Puree Concentrate, Wild Blueberry Fruit, Grape Seed Extract, Aloe Vera Leaf Extract, Ashwagandha Root Extract, Spinach Leaf Powder, Pomegranate Fruit Extract, Broccoli Plant Powder, Collards (Kale) Leaf Powder, Asian Ginseng Root Extract, Cranberry Fruit Extract, Acai Fruit Extract, Amla Berry Fruit Extract, Maqui Berry(Aristotelia chilensis) Fruit Juice Concentrate |          |       |
| Taurine                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | 1,000 mg | †     |
| L-Theanine                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | 50 mg    | †     |
| Inositol                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | 25 mg    | †     |

\* Percent Daily Values (DV) are based on a 2,000 calorie diet.  
† Daily Value (DV) not established.

**Other Ingredients:** Water, Juice Blend [Pear Fruit Juice Concentrate, White Grape Juice Concentrate, Concord Grape Juice Concentrate, Lime Fruit Juice Concentrate], Fructo-oligosaccharide, Fruit And Vegetable Juice (Color), Malic Acid, Citric Acid, Xanthan Gum, Natural Flavor, Stevia Leaf Extract, Monk Fruit Extract.