



GBX SeedFiber®

Functional Fiber for
Your Microbiome



What It Is

A cold-pressed, prebiotic fiber blend made from six whole-food seed sources to support digestion, microbiome health, and satiety.*

Why You Need It

Most people don't get enough daily fiber. GBX SeedFiber makes it easy to support your gut health with a rich blend of plant-based, prebiotic seed fibers.*

How It Works

This blend features sunflower, cucumber, cranberry, blackberry, black cumin, and grape seed—delivering natural insoluble fibers that nourish good gut bacteria and support gut health*

- **Sunflower Seed** - a natural source of the essential amino acid tryptophan, a precursor for the natural production of serotonin.*
- **Cucumber Seed** - a source of nutrients and bioactive compounds that support overall wellness.*
- **Cranberry Seed** - supports digestive health and the immune system.*
- **Black Cumin Seed** - supports microbiome diversity.*
- **Blackberry Seed** - a source of Omega-3 (alpha-linolenic acid) and Omega-6 (linoleic acid) fatty acids.
- **Concord Grape Seed** - a natural source fibers and polyphenols.*



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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The Science

Fiber is essential for digestion, detoxification, and satiety—but 95% of people don't get enough. GBX SeedFiber delivers a good source of fiber in a mixable, versatile format.*

How to Use

Simply add 2 scoops to your favorite smoothie, shake or drink of choice and enjoy!



Supplement Facts

Serving Size: 2 Scoops (10.4g)

Servings Per Container: 15

Amount Per Serving	%DV
Calories	40
Total Fat	1 g 1%*
Total Carbohydrate	5 g 2%*
Dietary Fiber	4 g 13%*
Total Sugars	0 g †
Includes 0 g Added Sugars	0%*
Protein	4 g 7%*
Potassium	110 mg 3%
Calcium	30 mg 2%
Iron	1 mg 6%

* Percent Daily Values (DV) are based on a 2,000 calorie diet.

† Daily Value (DV) not established.

Ingredients: Cold-Pressed Seed Powder Blend [Sunflower (*Helianthus annuus*) Seed, Cucumber (*Cucumis sativus*) Seed, Cranberry (*Vaccinium macrocarpon*) Seed, Black Cumin (*Nigella sativa*) Seed, Blackberry (*Rubus laciniatus*) Seed, Organic Red Grape Seed (*Vitis labrusca*)], AHCC® - Shiitake Mushroom (*lentinula edodes*) Mycelium Extract, Rice Fiber, Bamboo Silica.

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