



# Amare HJ™ Intro Bundle

## Daily Support for Gut-Brain Nutrition Bundle

### What It Is

A limited-edition 15-day introduction to our best-selling, expertly formulated with probiotics and prebiotics to support gastro-intestinal health, promote a healthy mood balance and help reduce feelings of mild to moderate stress.

### Why You Need It

Amare HJ is designed for those moments when you want to feel less “blah” and more on top of your game. Delicious, easy and convenient, this daily routine contains ingredients that support energy, digestion, healthy mood balance, and antioxidants that help to protect your cells against oxidative damage, making it an ideal starting point for daily wellness.

### Meet Your Bundle

The Amare HJ™ Intro Bundle include the following:

- 15 - MentaBiotics® NPN: 80122522**
- 8 - Amare EDGE™ Grape NPN: 80124728**
- 7 - Amare EDGE+™ Mango NPN: 80135522**





## How It Works

MentaBiotics is a prebiotic, probiotic, and phytonutrient blend that helps to support gastrointestinal health and reduce feelings of mild to moderate stress.

Amare EDGE+ Mango delivers plant-based ingredients designed to boost mental sharpness, support cognitive function, and help you feel more energized and focused throughout your day.

Amare EDGE Grape is a source of antioxidants that helps to protect against the oxidative effects of free radicals.

## The Science

The Amare HJ Intro Bundle is a simple, daily solution to help you feel more balanced and supported. MentaBiotics works from within to promote favourable gut flora and reduce symptoms of mild to moderate stress, Amare EDGE provides powerful antioxidant protection to help protect your cells from oxidative damage and EDGE+ enhances energy. With just two steps, you're on your way to foundational wellness from the inside out.

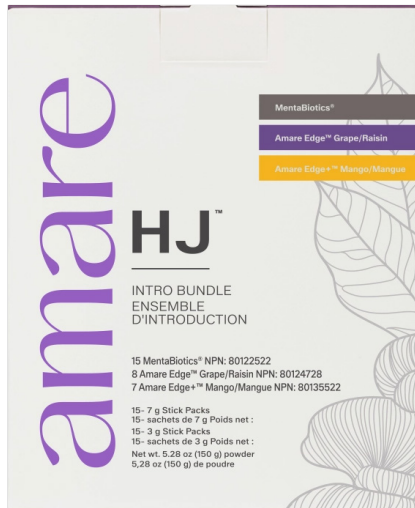
## How to Use It

### **Amare EDGE+™ and Amare EDGE™:**

Directions of Use (Adults 18 years and older): Mix one serving into 8 oz. (250 mL) of water or desired beverage, up to twice daily. Consult a health care practitioner for use beyond 15 days.

### **MentaBiotics®:**

Twice daily, mix one serving (scoop/packet) with 60-250 mL of water, milk, fruit juice, smoothie, yogurt, or other foods or liquids. Do not expose to boiling or scalding temperatures. Maintain adequate fluid intake. Take at least 2-3 hours before or after antibiotics, other medications and/or natural health products. Consult a health care practitioner for use beyond 3 months.


**Medicinal Ingredients (Each serving contains):**

Transgalactooligosaccharides	1.8 g
Partially hydrolysed guar gum	1.2 g
Isomaltooligosaccharides	2.8 g
<i>Lactobacillus helveticus</i> R0052	1.5 billion CFU
<i>Bifidobacterium longum</i> subsp. <i>longum</i> R0175	0.9 billion CFU
<i>Lactocaseibacillus rhamnosus</i> R0011	0.6 billion CFU
L-Theanine	25 mg
Apple ( <i>Malus domestica</i> 250-300:1 fruit extract; 60% polyphenols)	25 mg
Monterey pine ( <i>Pinus radiata</i> 100:1 stem bark extract; 80% proanthocyanidins)	10 mg
Grape Seed ( <i>Vitis vinifera</i> 10-15:1 seed extract; 85% oligomeric proanthocyanidins)	15 mg
Artichoke ( <i>Cynara cardunculus</i> 8-14:1 leaf extract)	18.75 mg
Ginger ( <i>Zingiber officinale</i> 18-28:1 rhizome extract)	3.75 mg
L-Glutamine	100 mg

**Non-Medicinal Ingredients:** Natural flavour, Rebudioside A, Citric acid, Potato starch, Magnesium stearate, Ascorbic acid, Dicalcium phosphate, Microcrystalline cellulose, Croscarmellose sodium, Silicon dioxide, Maltodextrin.

**Ingrédients médicinaux (chaque portion contient) :**

Transgalactooligosaccharides	1,8 g
Gomme de guar partiellement hydrolysée	1,2 g
Isomaltooligosaccharides	2,8 g
<i>Lactobacillus helveticus</i> R0052	1,5 milliard d'UFC
<i>Bifidobacterium longum</i> subsp. <i>longum</i> R0175	0,9 milliard d'UFC
<i>Lactocaseibacillus rhamnosus</i> R0011	0,6 milliard d'UFC
L-Théanine	25 mg
Pomme (extrait de fruit de <i>Malus domestica</i> 250-300:1; 60 % de polyphénols)	25 mg
Pin de Monterey (extrait d'écorce de tige de <i>Pinus radiata</i> 100:1; 80 % de proanthocyanidines)	10 mg
Pépins de raisin (extrait de pépins de <i>Vitis vinifera</i> 10-15:1; 85 % de proanthocyanidines oligomères)	15 mg
Artichaut (extrait de feuille de <i>Cynara cardunculus</i> 8-14:1)	18,75 mg
Gingembre (extrait de rhizome de <i>Zingiber officinale</i> 18-28:1)	3,75 mg
L-Glutamine	100 mg

**Ingrédients non médicinaux :** Arômes naturels, rébaudioside A, acide citrique, fécule de pomme de terre, stéarate de magnésium, acide ascorbique, phosphate dicalcique, cellulose microcristalline, croscarmellose sodique, dioxyde de silicium, maltodextrine.

**Medicinal Ingredients (per packet):**

Mango ( <i>Mangifera indica</i> 15-20:1 leaf extract; standardized to 60% mangiferin)	100 mg
Camellia sinensis/ Litchi chinensis modified extract	50 mg
Oil Palm ( <i>Elaeis guineensis</i> fruit extract; standardized to 5% polyphenols)	50 mg

**Non-Medicinal Ingredients:** Isomaltooligosaccharides, Natural flavour, Steviol glycosides, Citric Acid, DL-Malic acid, Xylitol, Beet juice powder, Oryza sativa (Rice) hull powder, DL-Tartaric Acid, Thaumatin, Sucrose, Maltodextrin, Spirulina Platensis Extract

**Ingrédients médicinaux (par sachet) :**

Mangue	
(extrait de feuille de <i>Mangifera indica</i> 15-20:1 ; standardisé à 60 % de mangiférine)	100 mg
Extrait modifié de <i>Camellia sinensis</i> /Litchi chinensis	50 mg
Palmier à huile	
(extrait de fruit d' <i>Elaeis guineensis</i> ; standardisé à 5 % de polyphénols)	50 mg

**Ingrédients non médicinaux :** Isomaltooligosaccharides, arômes naturels, glycosides de stéviol, acide citrique, acide DL-malique, xylitol, poudre de jus de betterave, poudre de coque d'*Oryza sativa* (riz), acide DL-tartrique, thaumatine, saccharose, maltodextrine, extrait de spiruline platensis.

**Medicinal ingredient (per serving):**

Lion's Mane ( <i>Hericium erinaceus</i> 1:1 fruiting body extract)	100 mg
Caffeine ( <i>Coffea arabica</i> , <i>Coffea canephora</i> seed)	100 mg
Citicoline (Citicoline sodium)	45 mg
Mango ( <i>Mangifera indica</i> 15-20:1 leaf extract; standardized to 60% mangiferin)	100 mg
Oil Palm ( <i>Elaeis guineensis</i> fruit extract; standardized to 5% polyphenols)	50 mg
Camellia sinensis/ Litchi chinensis modified extract	50 mg

**Non-medicinal ingredients:** Xylitol, flavour, citric acid, dl-malic acid, turmeric, sodium chloride, isomaltooligosaccharides, stevia leaf extract, safflower oil, beet root powder, Oryza sativa (rice) hull powder.

**Ingrédients médicinaux (par sachet) :**

Crinière de lion (extrait de corps fructifère d' <i>Hericium erinaceus</i> 1:1)	100 mg
Caféine ( <i>Coffea arabica</i> , graines de <i>Coffea canephora</i> )	100 mg
Citicoline (citicoline sodique)	45 mg
Mangue (extrait de feuille de <i>Mangifera indica</i> 15-20:1 ; standardisé à 60 % de mangiférine)	100 mg
Palmier à huile (extrait de fruit d' <i>Elaeis guineensis</i> ; standardisé à 5 % de polyphénols)	50 mg
Extrait modifié de <i>Camellia sinensis</i> /Litchi chinensis	50 mg

**Ingrédients non médicinaux :** xylitol, arôme, acide citrique, acide DL-malique, curcuma, chlorure de sodium, isomaltooligosaccharides, extrait de feuille de stévia, huile de carthame, poudre de racine de betterave, poudre de balle de riz (*Oryza sativa*).

THIS PRODUCT INFORMATION IS FOR CANADA ONLY.

The ingredients and claims are intended for products sold in Canada. If you are in a different market, please see the product sheet for that market. To learn more about Amare HJ Intro Bundle, please contact your Amare Brand Partner

**Amare HJ™ Intro Bundle**  
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