



# Amare Mood+™

Herbs and adaptogens to support a positive mood.\*



## What It Is

A plant-based supplement expertly formulated with herbs and adaptogens, including clinically studied Kanna, for occasional stress relief and mood support benefits.\*

## Why You Need It

Stressful day? You're not alone. Amare Mood+ is crafted with clinically studied Kanna to help support a calm mind and balanced mood.\*

## How It Works

Amare Mood+ is formulated with herbs and adaptogens, including:

- Kanna: helps elevate mood, relieve occasional stress, support feelings of calmness and serenity and lessen occasional feelings of anxiousness.\*
- Rafuma: a calming herb rooted in tradition, sourced from the Apocyum Venetum plant.\*
- Ashwagandha: used for over 3,000 years, a time-tested adaptogenic herb to help the body manage occasional stress.\*



\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



## The Science

Studies have shown nearly 1 in 2 adults report feeling stressed regularly—and it takes a toll on both mind and body. Breaking the stress cycle starts with small habits like movement, deep breathing, quality sleep, and targeted support from supplements like Amare Mood+, designed with ingredients to promote a positive mood and ease occasional stress.\*

## How to Use

Take 2 capsules with 8 oz of water. Do not exceed 6 capsules per day.



### Supplement Facts

Serving Size: 2 Capsules  
Servings Per Container: 30

| Amount Per Serving | % DV |
|--------------------|------|
|--------------------|------|

|   |               |          |
|---|---------------|----------|
| <b>Mood Elevating Prop. Blend</b>   | <b>330 mg</b> | <b>†</b> |
| Rosemary ( <i>Rosmarinus officinalis</i> ) leaf extract, Oregano ( <i>Origanum vulgare</i> ) leaf extract, Clove ( <i>Syzygium aromaticum</i> ) flower buds, Sage ( <i>Salvia officinalis</i> ) leaf extract, Zembrin® Kanna ( <i>Sceletium tortuosum</i> ) extract, Venetron® Rafuma ( <i>Apocynum venetum</i> ) leaf extract. |               |          |

|  |               |          |
|--|---------------|----------|
| <b>Tension Reducing Prop. Blend</b>  | <b>270 mg</b> | <b>†</b> |
| Sensoril® Ashwagandha ( <i>Withania somnifera</i> ) root and leaf extract, Relora® [Magnolia ( <i>Magnolia officinalis</i> ) bark extract and Phellodendron ( <i>Phellodendron amurense</i> ) bark extract], Tulsi ( <i>Ocimum sanctum</i> ) leaf extract. |               |          |

† Daily Value (DV) not established.

**OTHER INGREDIENTS:** Rice flour, Plant-based capsule, Marshmallow root, Rice Extract Blend, Bamboo silica

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THIS PRODUCT INFORMATION IS FOR THE USA ONLY. The ingredients and claims are intended for products sold in the USA. If you are in a different market, please see the product sheet for that market. To learn more about Amare Mood+, please contact your Amare Brand Partner.