



MentaBiotics® Raspberry Hibiscus

A great-tasting, advanced formula to support gut health and mood balance.



What It Is

Specific strains of healthy bacteria (probiotics) and specialized fibres (prebiotics) that play an important role in your overall mental and physical well-being.

How It Works

MentaBiotics provides gut support through our MW3™ Prebiotic Blend, which is specifically formulated to feed the bacteria in our MW3™ Probiotic Blend.

Why You'll Love It

- Delicious Raspberry Hibiscus flavour
- Supports mental wellness by populating the microbiome with specific strains of probiotics and prebiotics
- Supports the growth and vitality of a range of beneficial gut bacteria
- Helps to promote healthy gut flora
- Promotes a healthy mood balance and help to reduce feelings of stress

The Science of MentaBiotics

MentaBiotics is scientifically backed, gut-brain axis support featuring a targeted blend of probiotics and prebiotics. By supporting your microbiome, it helps to promote a healthy balance of gut flora, support gastrointestinal health, and reduce stress-related digestive discomfort. Plus, this formula delivers antioxidants and fibre for whole-body support.





MW3 Probiotic Proprietary Blend

Our blend contains unique and specific probiotic strains targeted to support mental wellness.

MW3 Probiotic Strains:

- **Lactocaseibacillus rhamnosus R0011**
— Promotes healthy stress response by helping to reduce the symptoms of mild to moderate stress.
- **Bifidobacterium longum R0175** —
Enhances calmness by helping to reduce feelings of stress.
- **Lactobacillus helveticus R0052** —
Improves mood by supporting a healthy mood balance.

MW3 Prebiotic Proprietary Blend

Our MW3 Prebiotic Blend provides optimal gut support by feeding the specific mental wellness probiotic strains found in our MW3 Probiotic Blend.

MW3 Prebiotic Fibres:

- **(Iso-Malto-Oligosaccharides)** —
Contains a combination of naturally occurring prebiotic plant fibres that are clinically shown to improve the growth of specific probiotic strains.
- **(Galacto-Oligo-Saccharides)** — Resets and increases friendly gut bacteria and supports microbiome balance. Is highly effective and a natural way of increasing preferred bacteria in your gut. Plays an important role in feeding Bifidobacteria probiotic strains.

How To Use It

Twice daily, mix one stick pack with 60-250 mL of water, milk, fruit juice, smoothie, yogurt, or other foods or liquids. Do not expose to boiling or scalding temperatures. Maintain adequate fluid intake. Take at least 2-3 hours before or after antibiotics, other medications and/or natural health products. Consult a healthcare practitioner for use beyond 3 months.



Medicinal Ingredients (Each serving contains):

Transgalactooligosaccharides	1.8 g
Partially hydrolysed guar gum	1.2 g
Isomaltooligosaccharides	2.8 g
Lactobacillus helveticus R0052	1.5 billion CFU
Bifidobacterium longum subsp. longum R0175	0.9 billion CFU
Lactocaseibacillus rhamnosus R0011	0.6 billion CFU
L-Theanine	25 mg
Apple (Malus domestica 250-300:1 fruit extract; 60% polyphenols)	25 mg
Monterey pine (Pinus radiata 100:1 stem bark extract; 80% proanthocyanidins)	10 mg
Grape Seed (Vitis vinifera 10-15:1 seed extract; 85% oligomeric proanthocyanidins)	15 mg
Artichoke (Cynara cardunculus 8-14:1 leaf extract)	18.75 mg
Ginger (Zingiber officinale 18-28:1 rhizome extract)	3.75 mg
L-Glutamine	100 mg

Non-Medicinal Ingredients: Natural flavour, Rebudioside A, Citric acid, Beet Juice Concentrate, Sodium Chloride, Potato starch, Magnesium stearate, Ascorbic acid, Dicalcium phosphate, Microcrystalline cellulose, Croscarmellose sodium, Silicon dioxide, Maltodextrin.

Ingédients médicinaux (chaque portion contient):

Transgalactooligosaccharides	1.8 g
Gomme de guar partiellement hydrolysée	1,2 g
Isomaltooligosaccharides	2,8 g
Lactobacillus helveticus R0052	1,5 milliard d'UFC
Bifidobacterium longum subsp. longum R0175	0,9 milliard d'UFC
Lactocaseibacillus rhamnosus R0011	0,6 milliard d'UFC
L-Théanine	25 mg
Pomme (extrait de fruit de Malus domestica 250-300:1; 60 % de polyphénols)	25 mg
Pin de Monterey (extrait d'écorce de tige de Pinus radiata 100:1; 80 % de proanthocyanidines)	10 mg
Pépins de raisin (extrait de pépins de Vitis vinifera 10-15:1; 85 % de proanthocyanidines oligomères)	15 mg
Artichaut (extrait de feuille de Cynara cardunculus 8-14:1)	18,75 mg
Gingembre (extrait de rhizome de Zingiber officinale 18-28:1)	3,75 mg
L-Glutamine	100 mg

Ingédients non médicinaux: Arômes naturels, rébaudioside A, acide citrique, Concentré de jus de betterave, chlorure de sodium, amidon de pomme de terre, stéarate de magnésium, acide ascorbique, phosphate dicalcique, cellulose microcristalline, croscarmellose sodique, dioxyde de silicium, maltodextrine.

This product information is for Canada only. The ingredients and claims are intended for products sold in Canada. If you are in a different market, please see the product sheet for that market. To learn more about MentaBiotics, please contact your Amare Brand Partner.

Amare MentaBiotics® Raspberry Hibiscus
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